

Arkansas 4-H Project Reflection

Family Life Project

Year

Name

U of A
DIVISION OF AGRICULTURE
RESEARCH & EXTENSION
University of Arkansas System



Objectives for All Projects	<ul style="list-style-type: none">• Apply all 4-H training and experience in choosing and preparing for a vocation• Practice leadership skills and roles in 4-H and the community• Take part in community affairs and demonstrate citizenship responsibility.• Develop integrity, sportsmanship and decision-making capability, and public speaking skills through experiential learning.
Objectives for this Family Life Project	<ul style="list-style-type: none">• Acquire knowledge about preschool children and how they grow and develop.• Acquire knowledge of appropriate parenting practices by caring for small children.• Adopt and apply latest practices to become responsible baby-sitters.• Learn communication skills of listening, sharing, and interacting with others, preparing them for future relationships.• To develop an awareness and be sensitive to problems and needs of individuals during different stages of the life cycle.• Learn and apply appropriate practices to create a safe home and community environment.• Explore career and job opportunities related to Child Development.

I worked toward the following objectives this year: (list)

List talks and illustrated presentations related to the projects reported by title.

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What have you learned in this project?

List what you have learned as a result of participation in the project along with skills you have acquired related to the project.

Leadership Experiences in this project

4-H Leadership

Other Leadership

Citizenship Experiences in this project

4-H Citizenship

Other Citizenship

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Participation in the 4-H Family Life Project

Include the amount of project work (number of items, number of times, etc.) along with related experiences such as tours, public speaking, research, career exploration, etc.)



Activity – These are examples – add or delete categories as needed	Jan.	Feb.	Mar.	Apr.	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.	Total
Childcare Training													
Classes attended													
Hours of training													
Certifications earned													
Other trainings													
First Aid (hours)													
CPR/AED (hours)													
Certifications earned													
Childcare Supply Inventory													
Books added													
Toys added													
Games/Puzzles added													
Craft supplies added													
Books made													
Games/puzzles made													
Discovery kits made													

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