Arkansas 4-H Project Tip Sheet

Making the Best Better

**Head:**
To think, to plan, and to reason:
- Record Keeping
- Goal Setting
- Problem Solving
- Decision Making

**Heart:**
To be kind, true, and sympathetic:
- Feeling
- Caring
- Sportsmanship
- Responsibility

**Hands:**
To be useful, helpful, and skillful.
- Working
- Community Service
- Giving
- Teamwork

**Health:**
To resist disease, enjoy life, and to make for efficiency:
- Personal Safety
- Self-esteem
- Character
- Responsibility

**SHOOTING SPORTS**

In this project you will learn:

- Safe and responsible use of firearms and archery equipment.
- The highest standards of safety, sportsmanship, and ethical behavior.
- Understanding of natural resources and the development of personal environmental stewardship ethics through participation in marksmanship, hunting, and conservation.

### Beginner

- Learn Range commands and safe behaviors
- ID parts, uses, and care of a firearm.
- Keep a shooting journal
- Complete the AR Game and Fish Hunters’ Education course.
- Compete at County O-Rama in a related activity.

### Intermediate

- Compete at a district, regional, or state activity.
- Prepare a demonstration, speech, or poster on shooting sports.
- Determine short and long term goals and make plans to reach them.

### Advanced

- Compete at a regional or national tournament.
- Compete at National 4-H Ambassador training.
- Complete youth shooting sports instructor training and teach younger youth.
- Practice and teach about conservation practices.

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Experience ~ Share ~ Generalize ~ Apply
Healthy Living

- Identify exercises/diets that will improve your fitness and scores.
- Identify ways to secure firearms and prevent unauthorized use.
- Identify what safety equipment is needed to prevent health issues.

Science, Technology, Engineering, and Mathematics

- Experiment with different distances.
- Experiment with different projectiles.
- Experiment with different positions.

Citizenship and Leadership

- Plan and implement an event to educate about 4-H.
- Be a role model and coach at meetings.
- Lead younger members to develop and achieve goals.
- Plan and implement a community service event.
- Plan and implement a program about firearm responsibility.

Opportunities

- 4-H O-Rama
- 4-H Forestry and Wildlife Camp
- AR 4-H BB Championships/Daisy National Qualifier
- 4-H Shooting Sports Championships
- National 4-H Shooting Sports Championships

Curriculum

- Arkansas 4-H Shooting Sports Manual (Certified Leaders receive at training)
- National 4-H Curriculum
- USA Shooting Civilian Marksmanship Program (CMP)

4-H Record Keeping

4-H records allow members to develop record keeping and goal setting skills. Members record learning experiences and activities in their 4-H projects, leadership, and community service involvement, 4-H promotion, awards, and accomplishments.

Resources

Arkansas 4-H Shooting Sports — 4H.uaex.edu
- National Rifle Association
- Wildlife Habitat Education Program
- National Wild Turkey Federation
- Ducks Unlimited
- Arkansas Game and Fish Commission
- National 4-H Shooting Sports Curriculum

Expand Your Experiences!