



**4-H**

*Making the Best Better*

## SHOOTING SPORTS

In this project you will learn:

- Safe and responsible use of firearms and archery equipment.
- The highest standards of safety, sportsmanship, and ethical behavior.
- Understanding of natural resources and the development of personal environmental stewardship ethics through participation in marksmanship, hunting, and conservation.

### Head:

To think, to plan, and to reason:

- Record Keeping
- Goal Setting
- Problem Solving
- Decision Making

### Heart:

To be kind, true, and sympathetic:

- Feeling
- Caring
- Sportsmanship
- Responsibility

### Hands:

To be useful, helpful, and skillful.

- Working
- Community Service
- Giving
- Teamwork

### Health:

To resist disease, enjoy life, and to make for efficiency:

- Personal Safety
- Self-esteem
- Character
- Responsibility

### Beginner

Learn Range commands and safe behaviors

ID parts, uses, and care of a firearm.

Keep a shooting journal

Complete the AR Game and Fish Hunters' Education course.

Compete at County O-Rama in a related activity.

### Intermediate

Compete at a district, regional, or state activity.

Prepare a demonstration, speech, or poster on shooting sports.

Determine short and long term goals and make plans to reach them.

### Advanced

Compete at a regional or national tournament.

Compete at National 4-H Ambassador training.

Complete youth shooting sports instructor training and teach younger youth.

Practice and teach about conservation practices.



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Experience

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Share

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Generalize

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Apply

# Expand Your Experiences!

## HEALTHY LIVING

- Identify exercises/diets that will improve your fitness and scores.
- Identify ways to secure firearms and prevent unauthorized use.
- Identify what safety equipment is needed to prevent health issues.

## SCIENCE, TECHNOLOGY, ENGINEERING, AND MATHEMATICS

- Experiment with different distances.
- Experiment with different projectiles.
- Experiment with different positions.

## CITIZENSHIP AND LEADERSHIP

- Plan and implement an event to educate about 4-H.
- Be a role model and coach at meetings.
- Lead younger members to develop and achieve goals.
- Plan and implement a community service event.
- Plan and implement a program about firearm responsibility.

## Resources

Arkansas 4-H Shooting Sports — 4H.uaex.edu

National Rifle Association

Wildlife Habitat Education Program

National Wild Turkey Federation

Ducks Unlimited

Arkansas Game and Fish Commission

National 4-H Shooting Sports Curriculum

### Opportunities

4-H O-Rama  
 4-H Forestry and Wildlife Camp  
 AR 4-H BB Championships/Daisy National Qualifier  
 4-H Shooting Sports Championships  
 National 4-H Shooting Sports Championships

### Curriculum

Arkansas 4-H Shooting Sports Manual (Certified Leaders receive at training)  
 National 4-H Curriculum  
 USA Shooting Civilian Marksmanship Program (CMP)

### 4-H Record Keeping

4-H records allow members to develop record keeping and goal setting skills. Members record learning experiences and activities in their 4-H projects, leadership, and community service involvement, 4-H promotion, awards, and accomplishments.



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